



Building a Network of Mentors

Mentors play a key role in your academic, professional, and personal development. They might help you develop new skills, understand complex theories or processes, make a plan for your degree, explore new careers, and offer support and encouragement. While your adviser might serve as your primary mentor, it's a good idea to have multiple people with differing perspectives who you can rely on.

First, identify what areas you would like mentoring. We've listed a few areas below to help you get started, but you can add more to fit your needs.

Navigating graduate school
Providing specialist knowledge in a topic
Providing specialist knowledge in a process or method
Writing
Teaching
Career Planning
Encouragement

Now, choose two areas from those listed above to focus on.

Finally, identify possible mentors and come up with a plan to reach out to them.

Area	
Possible Mentor	
Identify 2-3 topics to discuss with them.	
What are your next steps?	
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